

February 2025 |



Announcements:

Cayuga ISD Breakfast Menu

Menu Subject
to Change!



An assorted choice of
Cereal
w/Whole Wheat Toast,
½ Cup 100 % Fruit
Juice, ½ Cup Fruit
(Assortment), and
A Variety of
1% Milk
and
Fat Free Milk
will be served daily.

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pig-n-a-Blanket (Kolache) or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	4 Breakfast Burrito or Yogurt w/Granola or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	5 Scrambled Eggs & Bacon W/Whole Wheat Toast or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	6 Sausage Biscuit or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	7 French Toast Sticks or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety
10 Mini Pancakes or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	11 Uncrustable (PB&J) or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	12 Breakfast Combo Bar W/Whole Wheat Toast or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	13 School Holiday	14 School Holiday
17 School Holiday	18 Breakfast Wrap (Egg, Cheese and Sausage) or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	19 Dutch Waffle w/ Bacon or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	20 Sausage Biscuit or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	21 Cheese Toast (Pre-K) Donuts or Donut Holes or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety
24 Pancakes or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	25 Breakfast Pizza or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	26 Scrambled Eggs & Bacon W/Whole Wheat Toast or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	27 Cheese Toast (Pre-K) or *Cinnamon Roll w/Turkey Sausage Links or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	28 Chicken-n-Biscuit or Cereal w/ Whole Wheat Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety



Beets

Season in Texas: January - March;
September - November

Did you know?

The main part of the beet that is eaten
is the root; you can also eat the greens



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



Food and Nutrition Division
www.SquareMeals.org

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Updated 6/6/2024
National School Lunch Program

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Announcements:

Cayuga ISD Lunch Menu!

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An assortment of
Fat Free Milk
Or
1% Milk
served daily.

A variety of
100% Fruit Juice
served daily
ONLY
to High School Students
(9th thru 12th Grade).

Monday	Tuesday	Wednesday	Thursday	Friday
3 Popcorn Chicken Mashed Potatoes Fat Free Pepper Gravy Fresh Broccoli Dinner Roll Diced Peaches	4 Beef Nacho Grande or Crispito (Chicken and Cheese) w/Chips and Cheese Sauce Bean Dip Lettuce, Tomato, and Cheese Garnish W/ Ranch Dressing Applesauce Cup	5 Sloppy Joe Sandwich Or Country Fried Beef Steak Sandwich w/Sandwich Salad Carrots Sticks, IW w/Ranch Dressing Oven Baked Okra Fresh Red Delicious Apple	6 Hot Dog / Chili Cheese Dog or Frito Pie Carrot Coins Baked Beans Mandarin Oranges	7 Person Pan Pizza Garden Salad w/Cherry Tomatoes Ranch Dressing Crinkle Cut Fries Orange Smiles
10 Chicken Nuggets Mashed Potatoes Fat Free Pepper Gravy Lemon Garlic Spinach Rip Stick Sliced Peaches	11 Chicken Fajitas w/Onions and Peppers Charro Beans Mexicali Corn Lettuce, Tomato, and Cheese Garnish W/ Ranch Dressing Rosy Applesauce	12 Grilled Cheese Sandwich Vegetable Soup Fresh Vegetable Cup Dill Pickle Potato Chips Fresh Gala Apple	13 School Holiday	14 School Holiday
17 School Holiday	18 Walking Taco or Crispito (Chicken and Cheese) w/Queso Blanco & Chips Bean Dip W/ Ranch Dressing Hot Cinnamon Apples	19 Crispy Chicken Sandwich Sandwich Salad Carrots Sticks, IW w/Ranch Dressing Multigrain Chips Fresh Granny Smith Apple	20 Beef Ravioli w/Bread Stick Or **3 rd Grade and up Max Sticks (Cheese Stick) w/ Marinara Sauce Italian Blend Vegetables Pineapple Tidbits in 100% Fruit Juice	21 Pizza Garden Salad w/Cherry Tomatoes Ranch Dressing Potato Smiles Orange Smile
24 Chicken Strips Mashed Potatoes Fat Free Pepper Gravy Lemon Garlic Spinach Rip Stick Sliced Peaches	25 Crispy Beef Taco Spanish Rice Refried Beans Lettuce, Tomato, and Cheese Garnish w/Ranch Dressing Strawberry Cup	26 Sub Sandwich w/Sandwich Salad Carrots Sticks, IW w/Ranch Dressing Chips Fresh Gala Apple	27 Orange Chicken Or General TSO's Chicken Egg Rolls Asian Noodles Oriental Blend Vegetables Mixed Fruit Cocktail	28 Cheese Burger w/Burger Garnish Oven Baked Fries Orange Smiles



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