November 4, 2026
4:00pm–4:45pm
CISD HS Library

17750 N. US HWY 287
Tennessee Colony, TX
75861

CAYUGA INDEPENDENT SCHOOL DISTRICT
School Health Advisory Council (SHAC)

Agenda Items

I. Welcome and call to order

II. Review and approval of previous meeting minutes

III. SHAC business and follow-up.
- A. Review any unfinished items from the September 30 meeting
- B. Confirm SHAC roles, membership needs, and 2026-2027 meeting dates
- C. Review SHAC goals and priorities for parent/community engagement, safety, and nutrition

IV. Guest presentation: Sex Education
- A. Help Center speaker presentation and discussion

V. Guest presentation: Mental Health
- A. Guest speaker presentation and discussion of student support needs

VI. Nutrition discussion
- A. Discuss nutrition priorities and possible student/family initiatives
- B. Gather member ideas and identify follow-up steps

VII. Recommendations and action items
- A. Summarize recommendations, assigned follow-up, and items for the next meeting

VIII. Discuss next meeting date and adjourn
- A. Next scheduled meeting: February 24, 2027