

# August 2025

# CAYUGA ISD

## BREAKFAST MENU

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Bell Peppers</b> Season in Texas: May - June; August - November <b>Did you know?</b> The longer a bell pepper is left to ripen, the sweeter it becomes					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> Cereal Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>14</b> Sausage Biscuit or Cereal w/Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>15</b> Breakfast Combo Bar W/Whole Wheat Toast or Cereal w/Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>16</b>
<b>17</b>	<b>18</b> Pig-n-a-Blanket (Kolache) or Cereal w/Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>19</b> Sausage Gravy BFKS Pizza or Cereal w/Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>20</b> Waffles or Cereal w/ Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>21</b> Sausage Biscuit or Cereal w/Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>22</b> Cheese Omelet Cereal w/Whole Grain Toast or Cereal w/Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>23</b>
<b>24</b>	<b>25</b> Breakfast Sausage Bites or Cereal w/Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>26</b> Breakfast Wrap (Egg, Cheese and Sausage) or Cereal w/Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>27</b> Mini Waffles or Cereal w/Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>28</b> *Cinnamon Roll w/Turkey Sausage Links Or Cheese Toast (Pre-K) Cereal w/Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>29</b> Chicken-n-Biscuit or Cereal w/Whole Grain Toast ½ Cup 100% Fruit Juice ½ Cup Fruit (Assortment) Milk Variety	<b>30</b>



### Announcements

**Menu Subject to Change  
Due to Product Availability!**

An assorted choice of

Cereal

w/Whole Grain Toast,

½ Cup 100 % Fruit Juice,

½ Cup Fruit (Assortment),

and

A Variety of

Fat Free and 1% Milk

will be served daily.



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TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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## LUNCH MENU



### Announcements

**Menu Subject to Change  
Due to Product  
Availability!**

An assortment of  
Fat Free Milk  
or  
1% Milk  
served daily.

A variety of Fresh Fruit  
Served Daily to K thru 12<sup>th</sup>  
Grade.

100% Fruit Juice  
served daily  
**ONLY**  
to High School Students (9<sup>th</sup>  
thru 12<sup>th</sup> Grade).



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<b>Bell Peppers</b> Season in Texas: May - June; August -November <b>Did you know?</b> The longer a bell pepper is left to ripen, the sweeter it becomes					<b>1</b>	<b>2</b>
<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>
<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b> Uncrustables or Turkey & Cheese Sandwich on Whole Grain Bread Goldfish Crackers Applesauce Cup	<b>14</b> Pizza Garden Salad w/Cherry Tomatoes Ranch Dressing Seasoned Corn Orange Smiles	<b>15</b> Cheese Burger w/Burger Garnish Oven Baked Fries (Crinkle Cut ½") Orange Smiles	<b>16</b>
<b>17</b>	<b>18</b> Popcorn Chicken Mashed Potatoes Fat Free Pepper Gravy Fresh Broccoli Dinner Roll Diced Peaches Cup	<b>19</b> Quesadilla (Chicken & Cheese) Mexicali Corn Black Beans Strawberry Cup	<b>20</b> Chicken Sandwich Sandwich Salad Carrots Sticks, 1W w/Ranch Dressing Multigrain Chips Fresh Gala Apple	<b>21</b> Mini Corndog Baked Beans Carrots Coins Goldfish Crackers Diced Pears	<b>22</b> Pizza Garden Salad w/Cherry Tomatoes Ranch Dressing Oven Baked Waffle Fries Orange Smiles	<b>23</b>
<b>24</b>	<b>25</b> Chicken Bites Mashed Potatoes Fat Free Pepper Gravy Lemon Garlic Spinach Rip Stick Diced Peaches Cup	<b>26</b> Beef Nacho Grande or Crispito (Chicken and Cheese) w/Chips and Cheese Sauce Bean Dip Lettuce, Tomato, and Cheese Garnish W/ Ranch Dressing Strawberry Cup	<b>27</b> Sloppy Joe Sandwich Or Steak Sandwich w/Sandwich Salad Carrots Coins Oven Baked Okra Fresh Red Delicious Apple	<b>28</b> Beef Ravioli w/Bread Stick or **3rdGrade and up Max Sticks (Cheese Stick) w/ Marinara Sauce Italian Blend Vegetables Pineapple Tidbits	<b>29</b> Cheese Burger w/Burger Garnish Oven Baked Fries (Crinkle Cut ½") Orange Smiles	<b>30</b>



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