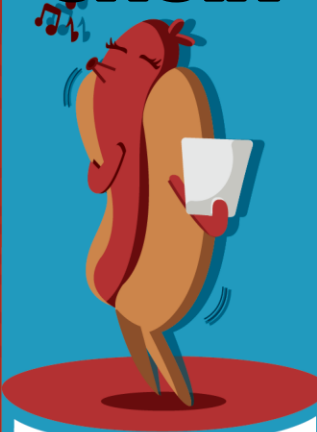


# Cayuga I.S.D. Lunch Menu

# MAR

MENU 2023

GEAR UP FOR  
**CHOIR**



**ANNOUNCEMENTS:**

*Menu Subject to Change!*

An assortment of  
Fat Free  
Or  
1% Milk served daily.

A variety of 100%  
juice  
served daily ONLY to  
High School Students  
(9<sup>th</sup> thru 12<sup>th</sup> Grade).

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



1<sup>ST</sup>  
Spaghetti Bowl  
Garlic Texas Toast  
Savory Green Beans  
Garden Salad  
Pineapple Tidbits

2<sup>ND</sup>  
Mini Corndog  
Baked Beans  
Carrots Coins  
Pretzel Goldfish  
Diced Pea

3<sup>RD</sup>  
Burger  
w/Burger Garnish  
Oven French Fries  
Orange Smiles

6<sup>TH</sup>  
Popcorn Chicken  
Mashed Potatoes  
Fat Free Pepper Gravy  
Broccoli  
Dinner Roll  
Diced Peaches

7<sup>TH</sup>  
Quesadilla (Chicken & Cheese)  
Mexicali Corn  
Refried Beans  
Lettuce, Tomato & Cheese  
Garnish w/Ranch Dressing  
Applesauce Cup

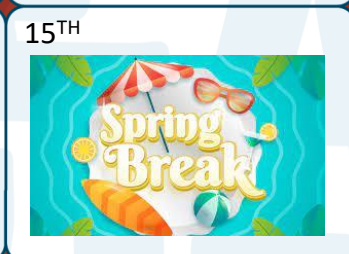
8<sup>TH</sup>  
Chicken Sandwich  
Sandwich Salad  
Carrots Sticks, IW  
w/Ranch Dressing  
Multigrain Chips  
Fresh Granny Smith Apple

9<sup>TH</sup>  
Fish Sticks  
or  
BBQ on a Bun  
Mac and Cheese  
Cole Slaw  
Green Beans  
Pineapple Chunks

10<sup>TH</sup>  
Pizza  
Garden Salad  
w/Cherry Tomatoes  
Ranch Dressing  
Oven Baked French Fries  
Orange Smiles

13<sup>TH</sup>  
**School Holiday**

14<sup>TH</sup>  
**School Holiday**



16<sup>TH</sup>  
**School Holiday**

17<sup>TH</sup>  
**School Holiday**

20<sup>TH</sup>  
Chicken Chunks  
Mashed Potatoes  
Fat Free Pepper Gravy  
Lemon Garlic Spinach  
Rip Stick  
Sliced Peaches

21<sup>ST</sup>  
Beef Nacho Grande  
or  
Crispito (Chicken and Cheese)  
w/Chips and Cheese Sauce  
Bean Dip  
Lettuce, Tomato, and Cheese Garnish  
W/ Ranch Dressing  
Applesauce Cup

22<sup>ND</sup>  
Country Fried Beef Steak Sandwich  
Sandwich Salad  
Carrot Sticks  
w/Ranch Dressing  
Oven Baked Breaded Okra  
Strawberry Cup

23<sup>RD</sup>  
Mandarin Orange Chicken  
Egg Rolls  
Asian Noodles  
Oriental Blend Vegetables  
Fruity Gelatin

24<sup>TH</sup>  
Burger  
w/Burger Garnish  
Oven French Fries  
Orange Smiles

27<sup>TH</sup>  
Chicken Nuggets  
Mashed Potatoes  
Fat Free Pepper Gravy  
Broccoli  
Dinner Roll  
Diced Peaches

28<sup>TH</sup>  
Chicken Fajitas  
w/Onions and Peppers  
Charro Beans  
Mexicali Corn  
Spanish Rice  
Lettuce and Tomato Garnish  
Rosy Applesauce

29<sup>TH</sup>  
Grilled Cheese Sandwich  
Vegetable Soup  
Pickle  
Chips  
Fresh Red Delicious Apple

30<sup>TH</sup>  
Hot Dog / Chili Cheese Dog  
or  
Frito Pie  
Carrot Coins  
Baked Beans  
Mandarin Oranges

31<sup>ST</sup>  
Pizza  
Garden Salad  
w/Cherry Tomatoes  
Ranch Dressing  
Oven Baked French Fries  
Orange Smiles



Food and Nutrition Division  
National School Lunch Program



TEXAS DEPARTMENT OF AGRICULTURE  
**COMMISSIONER SID MILLER**

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This institution is an equal opportunity provider.



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www.SquareMeals.org